

# In Our Blood

Count: 64 Wall: 2 Level: Intermediate

Choreographer: Robbie McGowan Hickie (UK) January 2018

Music: "In Our Blood" by Tyrone Wells. CD: "Roll With It" - iTunes & www.amazon.com  
(116 bpm)



## #16 Count intro

### S1: 2 x Walks Back. Right Coaster Cross. Side Rock. Recover. Diagonal Shuffle Forward.

- 1 – 2 Walk back on Right. Walk back on Left.  
3&4 Step back on Right. Step Left beside Right. Cross step Right over Left.  
5 – 6 Rock Left out to Left side. Recover weight on Right (Turning to Face Right Diagonal)  
7&8 Left shuffle Diagonally forward Right, stepping Left. Right. Left.

### S2: Forward Rock. Behind & Cross. Side Step Left. Drag. Ball-Cross. Side Step Right.

- 1 – 2 Rock forward on Right. Rock back on Left.  
3&4 Cross Right behind Left. Step Left to Left side. Cross Right over Left. (Straighten up to 12 o'clock)  
5 – 6 Long step Left to Left side. Drag Right towards Left. (Weight on Left)  
&7 – 8 Step ball of Right beside Left. Cross step Left over Right. Long step Right to Right side.

### S3: Left Sailor 1/4 Turn Left. 2 x 1/2 Turns Left. Forward Rock & Back Rock.

- 1&2 Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.  
3 – 4 Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.  
5 – 6 Rock forward on Right. Rock back on Left.  
&7 – 8 Step ball of Right beside Left. Rock back on Left. Rock forward on Right. (Facing 9 o'clock)

### S4: Step. Pivot 1/4 Turn Right. Left Cross Shuffle. Chasse 1/4 Turn Right. Step. Pivot 1/2 Turn Right.

- 1 – 2 Step forward on Left. Pivot 1/4 turn Right. (Facing 12 o'clock)  
3&4 Cross step Left over Right. Step Right to Right side. Cross step Left over Right.  
5&6 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.  
7 – 8 Step forward on Left. Pivot 1/2 turn Right. (Facing 9 o'clock)

### S5: Dorothy Step Forward (Left & Right). Forward Rock. Triple Step Full Turn Left.

- 1 – 2& Step Left Diagonally forward Left. Lock Right behind Left. Step Left Diagonally forward Left.  
3 – 4& Step Right Diagonally forward Right. Lock Left behind Right. Step Right Diagonally forward Right.  
5 – 6 (Straighten up to 9 o'clock) ... Rock forward on Left. Rock back on Right.  
7&8 Left triple step Full turn Left (On the Spot) stepping Left. Right. Left.

### S6: Cross. Side Step Left. Right Sailor Cross 1/2 Turn Right. Side Step Left. Together. Left Shuffle Forward.

- 1 – 2 Cross step Right over Left. Step Left to Left side.

- 3&4 Cross Right behind making 1/2 turn Right. Step Left beside Right. Cross step Right over Left.
- 5 – 6 Long step Left to Left side. Close Right beside Left.
- 7&8 Left shuffle forward stepping Left. Right. Left. (Facing 3 o'clock)

**S7: Forward Rock. Right Shuffle Back. 2 x 1/2 Turns Left. Left Sailor Step.**

- 1 – 2 Rock forward on Right. Rock back on Left.
- 3&4 Right shuffle back stepping Right. Left. Right.
- 5 – 6 Make 1/2 turn Left stepping forward on Left. Make 1/2 turn Left stepping back on Right.
- 7&8 Sweep/Cross Left behind Right. Step Right beside Left. Step Left to Left side. (Facing 3 o'clock)

**S8: Cross Rock. Rolling Vine 1&1/4 Turn Right. Forward Rock. Left Lock Step Back.**

- 1 – 2 Cross rock Right forward over Left. Rock back on Left.
- 3& Make 1/4 turn Right stepping forward on Right. Make 1/2 turn Right stepping back on Left.
- 4 Make 1/2 turn Right stepping forward on Right. (Facing 6 o'clock)
- 5 – 6 Rock forward on Left. Rock back on Right.
- 7&8 Step back on Left. Lock step Right across Left. Step back on Left.

**Start Again**

**Tag: 8 Count : End of Wall 2 & Wall 4 (Facing 12 o'clock)**

**Back Rock. Right Shuffle 1/2 Turn Left. Back Rock. Left Shuffle 1/2 Turn Right.**

- 1 – 2 Rock back on Right. Rock forward on Left.
- 3&4 Right shuffle making 1/2 turn Left stepping Right. Left. Right.
- 5 – 6 Rock back on Left. Rock forward on Right.
- 7&8 Left shuffle making 1/2 turn Right stepping Left. Right. Left.